



This week, we're delighted to introduce you to Ricardo Sanz, Head Chef at Kabuki Wellington in Madrid, who will be representing Spain in the Eat-Japan Sushi Awards 2009.

Ricardo's food is both visually and gastronomically dazzling; his menu represents a point of contact between the traditional techniques of Japan and the characteristic flavours and ingredients of the Mediterranean. Click here to find about more about Ricardo!

The Seven Sushi Samurai will be appearing at the Eat-Japan Sushi Awards 2009, held on Saturday 14th November in London. This internationally acclaimed event is a must for all sushi buffs! Buy your ticket before they sell out!



New Recipes for Autumn!

We've uploaded three delicious new recipes by Yuya Kikuchi, Head Chef at Mitsukoshi Restaurant in London. Click here to enjoy some gorgeously Japanese autumnal flavours.



Still a Chance to Win!

We've yet to draw the winners for our two great competitions!

Click here to win a signed copy of *Harumi Kurihara's* *Everyday Harumi* and here to get your hands on a copy of *Simple Japanese* by Silla Bjerrum, one of the 2008 Seven Sushi Samurai!